



Flu Clinics – La Loche

When: October 15, 2010 - High risk groups

 October 18 and 19 - Everyone is welcome

 - Available for FREE to everyone.

Where: Clinic at La Loche Health Centre

Time: 9:00am – 4:00 pm – Oct 15
 9:00am – 8:00 pm – Oct 18-19

Top Ten Reasons for getting the Flu Shot:

- You have a chronic medical condition or a weakened immune system
- You are pregnant
- You're 65 years old +
- You're 6-23 months of age
- You're a health care provider
- You provide essential community services
- You can't afford time off of work
- You're traveling to another country
- You live with someone who has a chronic medical condition or you are a household contact of people at risk of flu virus complications (ex: contacts of children under 6 months and 6 – 23 month olds) as well as pregnant women expected to deliver during the flu season
- You care about your own health and the health of those around you

Get the Flu Shot. Not the Flu.

For More Information please contact Anju at 822 – 3221



Flu Clinics – Buffalo Narrows

- When:** October 19, 21 2010 - for high risk individuals
October 22, 28 & 29th 2010 Available for FREE to everyone.
- Where:** Buffalo Narrows Clinic
- Time:** 9:00am – 4:00 pm Walk In Clinic
& 1 evening clinic from 7-9pm @ the Clinic on Oct 19th.

Top Ten Reasons for getting the Flu Shot:

- You have a chronic medical condition or a weakened immune system
- You are pregnant
- You're 65 years old +
- You're 6-23 months of age
- You're a health care provider
- You provide essential community services
- You can't afford time off of work
- You're traveling to another country
- You live with someone who has a chronic medical condition or you are a household contact of people at risk of flu virus complications (ex: contacts of children under 6 months and 6 – 23 month olds) as well as pregnant women expected to deliver during the flu season
- You care about your own health and the health of those around you

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For More Information please contact Crystal at 235 – 5813



Flu Clinics – Ile a la Crosse

When: **October 14, 15, 2010**
October 19, 21, 29, 2010
- Available for FREE to everyone.

Where: **Clinic at St. Joseph's Health Centre**

Time: **9:00am – 4:00 pm Walk in Clinic**

(Excluding the period between 12pm and 1pm)

Top Ten Reasons for getting the Flu Shot:

- You have a chronic medical condition or a weakened immune system
- You are pregnant
- You're 65 years old +
- You're 6-23 months of age
- You're a health care provider
- You provide essential community services
- You can't afford time off of work
- You're traveling to another country
- You live with someone who has a chronic medical condition or you are a household contact of people at risk of flu virus complications (ex: contacts of children under 6 months and 6 – 23 month olds) as well as pregnant women expected to deliver during the flu season
- You care about your own health and the health of those around you

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For More Information please contact Anna at 833 – 3389



Flu Clinics – Green Lake

When: October 13, 2010: High Risk
 October 14, 2010: Everyone
 October 20, 2010: Everyone
 October 22, 2010: Everyone

*Available for FREE to everyone.

Where: Clinic

Time: 9:00am – 4:00 pm Walk in Clinic

(Excluding the period between 12pm and 1pm)

Top Ten Reasons for getting the Flu Shot:

- You have a chronic medical condition or a weakened immune system
- You are pregnant
- You're 65 years old +
- You're 6-23 months of age
- You're a health care provider
- You provide essential community services
- You can't afford time off of work
- You're traveling to another country
- You live with someone who has a chronic medical condition or you are a household contact of people at risk of flu virus complications (ex: contacts of children under 6 months and 6 – 23 month olds) as well as pregnant women expected to deliver during the flu season
- You care about your own health and the health of those around you

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For More Information please contact Shelly at 832 – 6257



Flu Clinics – Dore Lake

When: October 19, 2010 - Available for FREE to everyone.

Where: Community Hall

Time: 10:00am – 12:00 pm Walk in Clinic

Top Ten Reasons for getting the Flu Shot:

- You have a chronic medical condition or a weakened immune system
- You are pregnant
- You're 65 years old +
- You're 6-23 months of age
- You're a health care provider
- You provide essential community services
- You can't afford time off of work
- You're traveling to another country
- You live with someone who has a chronic medical condition or you are a household contact of people at risk of flu virus complications (ex: contacts of children under 6 months and 6 – 23 month olds) as well as pregnant women expected to deliver during the flu season
- You care about your own health and the health of those around you

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For More Information please contact Shelly at 832 – 6257



Flu Clinics – Sled Lake

When: October 19, 2010 - Available for FREE to everyone.

Where: Community Hall

Time: 1:00pm – 3:00 pm Walk in Clinic

Top Ten Reasons for getting the Flu Shot:

- You have a chronic medical condition or a weakened immune system
- You are pregnant
- You're 65 years old +
- You're 6-23 months of age
- You're a health care provider
- You provide essential community services
- You can't afford time off of work
- You're traveling to another country
- You live with someone who has a chronic medical condition or you are a household contact of people at risk of flu virus complications (ex: contacts of children under 6 months and 6 – 23 month olds) as well as pregnant women expected to deliver during the flu season
- You care about your own health and the health of those around you

Get the Flu Shot. Not the Flu.

For More Information please contact Shelly at 832 – 6257



Flu Clinics – Beauval and Area

When and Where:

Oct. 12	1 p.m. to 5 p.m.	Public Health Office
Oct. 18 and 19	1 p.m. to 5 p.m.	Public Health Office
Oct. 20	2:30 p.m.-4 p.m.	Seniors Villa
Oct. 26	1p.m .- 5p.m .	Public Health Clinic
Oct.27	10a.m.-12 p.m.	Cole Bay Village Office
	1p.m.-3p.m.	Jans Bay Village Office

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- You care about your own health and the health of those around you

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For More Information please contact Helen at 306-288-4806